

## Whole School Relationship Focus - Summer Term

Overview of PSHE Sex and Relationships Education (SRE) objectives to be taught by year group.

	Week 1 Terminology PANTS (this is recapped a number of times over the year)	Week 2 Keeping yourself safe Stranger danger/ consent Online safety covered weekly through the curriculum	Week 3 Trusted adult	Week 4 Healthy relationship features - Include different kind of relationships	Week 5 Boundaries - understanding what's right/ wrong
Year 1	<p>Know and use the correct terminology for the sexual organs</p> <p>Understand body parts that are personal and how to keep yourself safe (PANTS)</p> <p><u>Terminology: Penis, breasts, vagina</u></p>	<p>Understand how to keep yourself safe (stranger danger) and people who can be trusted</p>	<p>Understand which adults at home and in school to speak to if you feel unsafe</p> <p>Understand which strangers you can and cannot trust</p>	<p>Deliver Operation Encompass KS1 Strand 1, activity 1</p> <p>Understand that people are all different and families look different</p> <p><u>Terminology: Same sex families, Different families, race, respect</u></p>	<p>Understand it is not right to keep a secret if it means someone may be unsafe</p> <p>Private, secret, Keeping safe, unsafe</p>
Year 2	<p>Know the correct terminology for the sexual organs and difference between boys and girls</p> <p>Understand and correctly name body parts that are personal and how to keep yourself safe (PANTS)</p> <p><u>Terminology: Penis, breasts, vagina</u></p>	<p>Be able to explain why you have asked an action to stop</p>	<p>Know who trusted adults are and who to speak to should you feel unsafe</p>	<p>Understand the wider family and who provides love, security and stability</p> <p>Understand that families are not always man and woman.</p> <p><u>Terminology: Gay, Lesbian, Assumption, community</u> Consolidate : Same sex families, Different families, race, respect</p>	<p>Recognise different areas where secrets should be shared with trusted adults</p>
Year 3	<p>Understand and correctly name body parts that are personal and how to keep yourself safe (PANTS)</p>	<p>To be able to discuss with the person why you have asked an action to stop</p>	<p>Understand that there are people outside of the home and school who can help if you feel unsafe</p>	<p>Consider ways families are made and that they are brought together through love (adoption, surrogate etc)</p>	<p>Understand different boundaries that exist in friendships and families</p> <p><u>Terminology: personal</u></p>

	<u>Terminology: Penis, breasts, vagina</u>			<u>Terminology: equality, diversity</u> Consolidate : Same sex families, Different families, race, respect, Gay, Lesbian, Assumption, community	
Year 4	Understand and correctly name body parts that are personal and how to keep yourself safe (PANTS)  <u>Terminology: Penis, breasts, vagina</u>	Understand how even in family and friendships, permission still needs to be sought for certain things  Understand how to respect through examining violence and responsibilities	Understand the people who you can speak to if you need any advice	Understand family life can have times of difficulty  No matter what a family looks like, a stable family is important  Understand how to respect through examining violence and responsibilities <u>Terminology to consolidate:</u> equality, diversity Consolidate : Same sex families, Different families, race, respect, Gay, Lesbian, Assumption, community	Deliver Operation Encompass KS2 Strand 1, 2, 3, activity 1  Understand physical and emotional signs of being angry. Recognise how some secrets can lead to bad feelings and some secrets should not be kept.  <u>Terminology: personal</u>

<p>Year 5</p>	<p>Understand the changes your body goes through in puberty and introduce the menstruation cycle</p> <p>Understand how their body changes during puberty and how this relates to personal hygiene</p> <p>Understand your body and the importance of keeping yourself safe (PANTS)</p> <p><u>Terminology: Puberty, Menstruation, fallopian tubes, ovaries, ovum , wet dreams</u> <u>Consolidate: Penis, breasts, vagina</u></p>	<p>Understand that abuse comes in many forms and who to speak to if you feel unsafe</p> <p>To begin to recognise potential dangers in different situations and know how to make them and yourself safe</p>	<p>Know who to talk to about self esteem</p>	<p>Understand the importance of sharing others' lives and spending time together as families</p> <p>What marriage is and who can get married.</p> <p>How to build on good relationships and what makes a good relationship</p> <p>Look at sexism and what this has looked like over time Recognise how sexism can impact people's lives</p> <p><u>Terminology: sexism</u> <u>consolidate: equality, diversity</u> Consolidate : Same sex families, Different families, race, respect, Gay, Lesbian, Assumption, community</p>	<p>Understand how to respect through examining secrets and stories</p> <p>Deliver Operation Encompass KS2 Strand 3 activity 2</p> <p><u>Terminology: healthy/unhealthy relationship</u></p>
<p>Year 6</p>	<p>Puberty body changes</p> <p>Understand and correctly name body parts that are personal and how to keep yourself safe (PANTS)</p> <p>Understand the concept of consent and what this entails</p> <p><u>Terminology: impact. Causes and consequences</u> <u>consolidate : Puberty, Menstruation, fallopian tubes, ovaries, ovum , wet dreams.</u></p>	<p>Sex - process of making a baby, consent</p> <p>Understand the concept of conception, Sex and healthy relationships.</p> <p><u>Terminology: Sexual intercourse, pregnancy, sperm</u></p>	<p>Trust in relationship</p> <p>Recognise that increased independence brings increased risk and who can help if you feel unsafe</p>	<p>Understand what constitutes a healthy relationship</p> <p>Understand the difference between marriage and civil ceremony</p> <p>Understand the concept of gender, how some people are transgender and what this means to their lives</p> <p><u>Terminology: transgender</u> <u>consolidate: sexism, equality, diversity, Same sex families, Different families, race,</u></p>	<p>How to recognise if a relationship is making you feel unsafe and who to contact</p> <p>Understand what constitutes a healthy relationship</p> <p><u>Terminology: healthy/unhealthy relationship</u></p>

	<u>Consolidate:</u> Penis, breasts, vagina			respect, Gay, Lesbian, Assumption, community	
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